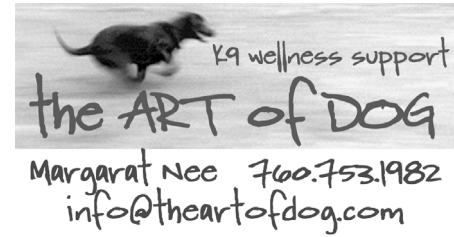


# Tips For A Successful Acupressure Session



**Acupressure is an energetic healing method. It's important to provide a setting for your dog that will help her get the best result from the treatment.**

Please don't apply topical flea treatments less than ten days before a session. This is due to my own sensitivity to these products. This includes products such as Advantage and Frontline, as well as other chemical pesticide products. Naturally derived deterrents such as essential oils or ground pyrethrum flowers are not a problem, though application immediately before a session is not advised.

Please be sure the session can take place in a quiet setting, without the distractions of television, cooking, or other hectic activities. Think of this as your chance to relax too, and to learn more about how to be part of your dog's continuing wellness care.

Other pets may be present for sessions or not, depending on what we find is most relaxing for the animal being treated. Fearful dogs usually benefit from having their owners close-by during their first sessions.

Don't feed your dog before, during, or immediately after a treatment. For best results plan for three "food-free" hours before a session.

Refrain from strenuous exercise immediately before or after a treatment session. If exercising before a session leave plenty of time for the dog's body to come back to a normal resting state, for example a one hour rest period after a moderate walk.

If your dog is experiencing a high fever, infection, or other serious illness or symptom, please call to cancel the session and go to your veterinarian immediately.

After an acupressure session please let your dog relax. They may want a drink, and will probably want to relieve themselves. Wait at least one hour before offering food. Let them have 24 hours without stress (strenuous exercise or training) so their body can take full advantage of the treatment. Keep an eye on your dog during this time so you can record any significant shifts in their physical or emotional health. Getting the chi flowing can sometimes cause a temporary and slight worsening of outward symptoms, which will subside as the body adjusts to the new flow of energy. Don't hesitate to call with any questions or concerns after a session.